

# Right Treatment: Right Time

## Psoriasis Association Annual Meeting 2025

**Saturday 28th June 2025**

**10.00am - 4.00pm**

County Hall, Belvedere Rd, London SE1 7GP

A wonderful opportunity for people with psoriasis and healthcare professionals to hear directly from experts and to inform future research

**£15**

**Members and Guests**

**£25**

**Non-members and  
Healthcare Professionals**

Prices include  
refreshments  
and lunch

Booking is essential. To secure your place visit the website, scan the QR code, or contact the office by email at [mail@psoriasis-association.org.uk](mailto:mail@psoriasis-association.org.uk) or phone on **01604 251 620**.



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# Agenda



9.30 - 10.00	<b>Breakfast</b>
10.00 - 10.30	<b>Psoriasis in the UK today: who gets the condition and when</b> Prof Darren Ashcroft <i>(covering epidemiology study findings)</i>
10.30 - 11.00	<b>Psoriasis: the link between nutrition and diet</b> Dr Thivi Maruthappu
11.00 - 11.20	<b>Hot research topic 1:</b> Sylvia Zanesco: linking diet and fasting with psoriasis <b>Hot research topic 2:</b> Dr John Lee: what we've learnt about psoriasis triggers from Psoriasis Citizen Scientists
11.20 - 11.40	<b>Refreshments</b>
11.40 - 12.10	<b>What's new in psoriasis treatment?</b> Dr Andrew Pink
12.10 - 12.40	<b>Expert panel discussion/Q&amp;A</b> <i>Chair: Prof Jonathan Barker</i>
12.40 - 13.10	<b>AGM</b>
13.10 - 14.00	<b>Lunch</b>
14.00 - 14.30	<b>Psoriasis research - progress and future directions</b> Prof Catherine Smith <i>(covering pro-active, early intervention to achieve remission, precision medicine, mySkin app)</i>
14.30 - 14.40	<b>Hot research topic 3:</b> Luc Francis: looking at markers of remission in psoriasis
14.40 - 15.00	<b>Getting your feedback on research plans: are these the right questions?</b> <i>Interactive polling session</i>
15.00 - 15.20	<b>My research journey: what it's like to be involved in studies</b> Patient panel discussion <i>Chair: Karina Jackson</i>
15.20 - 16.00	<b>Expert panel discussion/Q&amp;A session/feedback on research ideas</b> <i>Chair: Prof Jonathan Barker</i>

**Close and Refreshments**

Please note that this agenda is subject to change