Dear **(name),**

**Sharing my story for Psoriasis Awareness Week - 28th October – 3rd November 2019**

I live in (**name of town**) and I’m writing to you to offer to share my experiences of living with psoriasis, an immune condition which affects the skin and can affect the joints. As many as 2-3% of the UK population are thought to be affected.

Having psoriasis affects me in the following ways: **(Please describe how it makes you feel physically and emotionally, and any effect it has had on work / education / getting around).**

Psoriasis Awareness Week (#PAW19), which is organised by the Psoriasis Association runs from 28th October – 3rd November 2019 and there are a number of events planned during this week to raise awareness of the condition.

If you would like to speak to me as someone local living with psoriasis during this time, you can contact me on **(telephone number and / or email address)**

More people need to know about psoriasis, which is why I would like to share my story.

To speak to someone from the Psoriasis Association, please email mail@psoriasis-association.org,uk or visit their website for further details [www.psoriasis-association.org.uk](http://www.psoriasis-association.org.uk).

Kind regards,

**(name)**