

PsoWell® Training Programme Application Form



The implementation phase of PsoWell® (psoriasis and wellbeing) is funded by the Psoriasis Association. The one-day training event aims to equip dermatology specialists with knowledge and motivational interviewing skills to empower patients with complex psoriasis to manage their condition effectively through lifestyle behaviour change. Professor Chris Bundy (Cardiff University) will deliver the training programme in various locations across the UK between October 2019 and January 2020.

The Psoriasis Association will sponsor FREE places to dermatology doctors, specialist nurses and psychologists working in the field to attend a training day.

The trustees of the Psoriasis Association are keen that at least one doctor and one specialist nurse should attend from a dermatology department, the idea being that this will enable those trained to cascade knowledge and skills across medical and nursing staff in teams. The key criteria for those to be trained is that they should be working independently with patients with psoriasis, not necessarily in a biologics service.

Individuals who complete the training will receive a certificate of approval as a PsoWell practitioner. Dermatology teams who complete the training will receive a certificate of recognition as a PsoWell clinic. If you wish to attend, please complete the following application and return this form to the email or postal address stated below.

1. Your name(s):

2. Please state your job title(s) (e.g. consultant dermatologist):

3. Where is your service located?

4. State briefly why you want to develop your service to accommodate the PsoWell approach?

6. Please indicate which PsoWell training day you would like to attend:

Location of training:

Date of training: / /

7. Please state any special or dietary requirements:

8. Please provide your contact details:

Email:

Telephone:

Thank you for completing the questions.

Please send this form to Rachael Hewitt, Research Associate, Cardiff University:

Email:

Address: Floor 13, Eastgate House, 35-43 Newport Road, Cardiff University, Cardiff, CF24 0AB, UK

